

St Benedict's Parish Arcadia



"To hate no man" Rule of St Benedict, Chapter 4



PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration
7:00pm Mass & Confession
(Reconciliation)

Saturdays 9:00am to 10:00am
Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

**Parish Priest:
Fr Shansana 0437 884 233**



**14TH SUNDAY
IN ORDINARY TIME
YEAR B
6 & 7 JULY 2024**

ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

SUNDAY HOLY MASS PRAYER

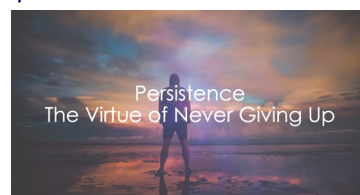
O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

SELF REFLECTION - PERSISTENCE

This Sunday's Gospel, Mark 6:1-6 *"Jesus said to them, 'A prophet is only despised in his own country among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith."*

Opposition never hindered Jesus. Despite resistance to his message and complaints about his family, he persisted, traveling to other small villages as a wandering teacher. His message consumed him.

- *Do I resist Jesus when he walks into my life?*
- *Am I doing enough in my hometown helping others?*
- *Do I give up when others fail me?*



Lord, we pray that we may recognise Your presence in everyday encounters and notice the ways in which you desire to nourish and enrich our lives, for you are present in all things. Help us to let go of prejudices and skepticism and persist in all we do never giving up. Amen.

First Reading: Ezekiel 2:2-5 (JB)

A reading from the prophet Ezekiel

The people are rebellious; they shall know there will be a prophet in their midst.

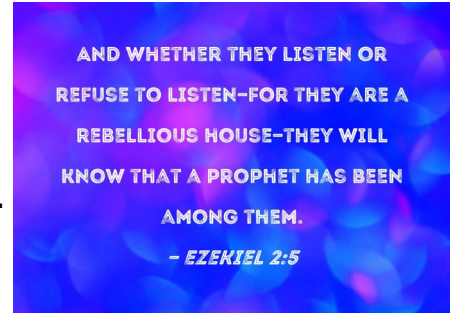
The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, 'Son of man, I am sending you up to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, "The Lord says this." Whether they listen or not, this set of rebels shall know there is a prophet among them.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm:

R. Our eyes are fixed on the Lord, pleading for his mercy.



Second Reading: 2 Corinthians 12:7-10 (JB)

A reading from the second letter of St Paul to the Corinthians

I will glory in my infirmities so that the power of Christ may dwell in me.

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, 'My grace is enough for you: my power is at its best in weakness.' So I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I am weak that I am strong.

The word of the Lord.

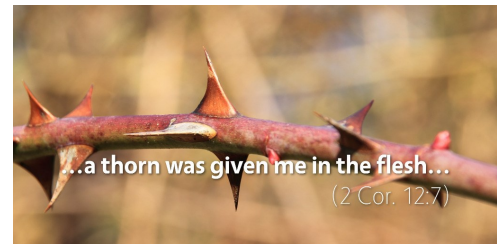
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

The Spirit of the Lord is upon me;
he sent me to bring Good News to the poor.

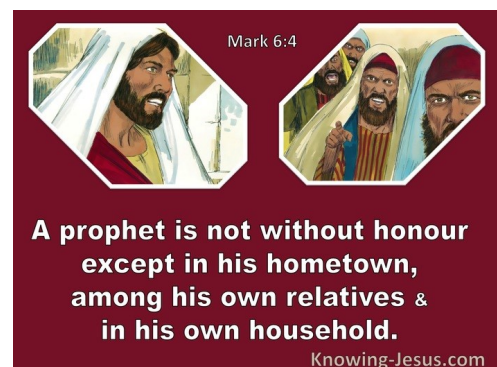
Alleluia!



GOSPEL: Mark 6:1-6 (JB)

A reading from the holy Gospel according to Mark

A prophet is despised only in his own country.



Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

GOSPEL REFLECTION

Sunday, July 7

Ezekiel 2:2-5

Psalm 123:1-4

2 Corinthians 12:7-10

Mark 6:1-6

I am content with weakness. (2 Corinthians 12:10)

Is Paul joking? Who would be content with weakness? Most of us would want to be strong and in charge, at the top of our game. In fact, we are more likely to minimize or disguise our limitations or difficulties. So why would Paul be happy not only with weakness but also with “insults, hardships, persecutions, and constraints” (2 Corinthians 12:10)?

Because all of his suffering, including the “thorn in the flesh” that he describes in today’s second reading (2 Corinthians 12:7), had taught Paul a lesson. When he was at his weakest, humanly speaking, God’s strength flowed through him the most. When he stopped relying on his own strength and trusting in his own gifts, the Lord’s power dwelt within him more perfectly.

St. Thérèse of Lisieux learned a similar lesson. Painfully aware of her own “littleness” and inability to “climb the stairs to holiness,” she found an elevator—the arms of her heavenly Father. Just as a small child relies on her father to lift her and carry her up the stairs, so Thérèse came to trust and rejoice in her heavenly Father’s strength to carry her in her weakness.

There is a freedom that comes with recognizing our limitations and embracing this kind of childlike dependence on God. The more we honestly acknowledge our weakness, the more room we make for God’s strength to grow in us. We realize that there’s only so much we can do ourselves. But we also realize that as soon as we stop thinking everything depends on us, God will show us what he can do.

So let’s embrace our “littleness.” Let’s lean into our weakness and rely on God’s strength so that we can reveal his power more and more clearly.

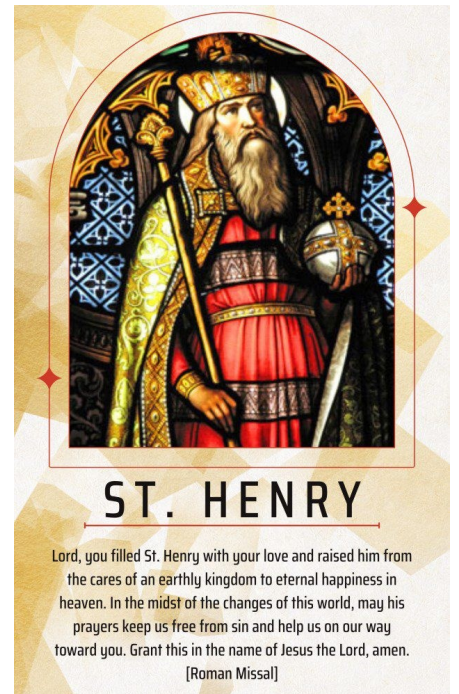
“Father, I acknowledge my weakness. Lord, come and carry me!”

Source: Word Among Us India

LITURGICAL FEASTS AND EVENTS OF THE WEEK

JULY

- Monday 8 Readings: Hosea 2:16-18, 21-22. Mt 9:32-38.
R: The Lord is kind and merciful.
- Tuesday 9 Readings: Hosea 8:4-7, 11-13. Mt 9:32-38.
R: Lead me in your justice, Lord.
St Augustine Zhao Rong, priest & companions, martyrs.
- Wednesday 10 Readings: Hosea 10:1-3, 7-8, 12. Mt 10:1-7.
R: Seek always the face of the Lord.
- Thursday 11 Readings: Hosea 11:1-4, 8-9. Mt 10:7-15.
R: Let us see your face, Lord, and we shall be saved.
St Benedict, abbot.
- Friday 12 Readings: Hosea 14:2-10. Mt 10:16-23.
R: My mouth will declare your praise.
- Saturday 13 Readings: Is 6:1-8. Mt 10:24-33.
R: The Lord is king; he is robed in majesty.
St Henry



Source: Ordo 2024



POPE FRANCIS' PRAYER INTENTION FOR JULY 2024

For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

PARISH NOTICES

- Peter's Pence collection envelopes on pews.
- **PARISH OFFICE WILL BE CLOSED ON MONDAYS 8TH 15TH & 22ND JULY. FRIDAYS STILL OPENED.**

Parish Office: 9653 2312

NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY 7TH JULY



National NAIDOC Week is held every year across Australia, with this year's celebrations starting on July 7th, 2024. This is a time when all Australians can come together to celebrate and recognise the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. You can support and get to know your local Aboriginal and Torres Strait Islander communities through activities and events held across Australia.

Further information and resources can be found on the NAIDOC website using the following link:
www.naidoc.org.au

PETER'S PENCE COLLECTION

Donations to the Peter's Pence appeal, which goes back to Medieval times, supports Pope Francis' mission from the proclamation of the Gospel to the promotion of integral human development, education and peace.

By contributing to Peter's Pence, we can all together support the Pope's mission through the activities of the Holy See and the initiatives of solidarity in favour of the most needy.

Envelopes can be found on the pews. Your support would be appreciated.

ST BENEDICT'S FEAST DAY

Sunday 14th July 9am



Please join us in celebrating St. Benedict's Feast day on Sunday, July 14th after the 9am Mass.

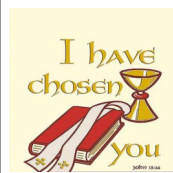
We will begin with Mass at 9am, followed by a barbecue, jumping castle, Piety stall, sweets, coffee, and tea from 10am to 12pm.

PLEASE NOTE: The 10:30am Mass is cancelled on that day due to the feast day celebration.

If you would like to volunteer to help out, please contact the parish office.

ORDINATION ANNIVERSARY

Father Michael Kelly 11 July 1970 - 54 years



Congratulations Fr Michael and best wishes on your Anniversary of Priesthood.

God bless you and may He keep you safe in the palm of His hand.

GCEA SPRING DINNER

Saturday 14 September, 2024
6pm—10pm At the Galston Club

It's just 12 weeks to our GCEA Spring Dinner.

We are anticipating it to be a huge event this year so book early.

Here is the link to book your tickets:

<https://events.humanitix.com/gcea-spring-dinner-2024>

Our focus this year is on SRE teachers and the needs for schools in our local area.

The GCEA is our primary focus with Paul El-Chaar, our teacher at Galston High School, but we see the importance of SRE in all schools.

There will be a silent auction on the night. Come and support this ministry.

St Benedict's parish will be hosting a table to show our support for Paul El-Chaar. Please contact the parish office to reserve your spot and join us for what promises to be another enjoyable event, just like last year!

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Sam Musumeci, Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died, especially Nancy Fiorino.
May they rest in Peace.



VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:

THANK YOU! GUIDO & ANGELA SCOTTI

Thank you Guido and Angela for all your help in our parish. Guido going out of his way to do the counting and Angela with the beautiful flowers. Also thank you for everything else you do when we need help. We are really grateful! God bless you in all you do for our parish!

Who would you like to nominate for next week's volunteer?

CATECHISTS' NEWS

Term 2 ended this week, Friday 5th July. Term 3 will resume Monday 22nd July. Wishing all Catechists, students and families an enjoyable and restful holiday break!

Helpers and part time Catechists are welcome to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,
Miriam Brown srearcadia@gmail.com
Parish Catechist Co-Ordinator

NEXT SACRAMENTAL PROGRAM

PARENT INFORMATION NIGHT MONDAY 22ND JULY 2024 7.30PM

Our next Sacramental Program enrollment is now open for students in Year 3 or above, starting with Confirmation. This includes students over the age of 8 who have not yet received Confirmation. Confirmation sessions are scheduled for August 2024, with the Confirmation Service set for September 12th, 2024. Reconciliation and Holy Communion will be held in 2025.

Enrollment forms can be obtained from the sacristy. If you prefer to receive the form by email, please send a request to arcadia.parity@bigpond.com, and we will promptly send you the form.

Please submit your completed enrollment form to the parish as soon as possible.

For more information contact Paula on 9653 2312.

ST BENEDICT'S MAKER'S TABLE

Thank you to everyone who attended our recent Maker's Table workshop! It was a delightful evening of journal making and camaraderie. Here are a few snapshots from this wonderful event:



themakerstablesydney@gmail.com

Martine 0458 533 250

Nerida 0425 834 017

www.themakerstable.org

at St Benedict's Church hall

ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr olds** will be held **every Friday during school term only**. 4pm to 5.30pm.

To register your child either just turn up on the afternoon or email the parish:
arcadia.parity@bigpond.com

Volunteers aged 14-16yrs who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.



Thank you, Gabe & Jules!

CRAFT GROUP

The quilting and craft group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room. Bring your craft and come and join us! Everyone welcome!

CCC PRAYER GROUP



Prayer meeting held every **Wednesday morning**: after 9.30am Mass.
Everyone welcome.

Come and meet new people and have a cuppa!
For more details call Mary Camilleri on 0403 116 987.

ITALIAN ROSARY GROUP

Every Monday 2.00pm.
Everyone welcome.

For more details call
Angela Egiziano on 9652 1358.



SAINT OF THE WEEK

SAINT BENEDICT, ABBOT

Feast Day: July 11

C. 480-547

Patron Saint of Europe, monks and religious orders, architects, dying people, cave explorers, schoolchildren, agricultural workers, civil engineers, and coppersmiths.



Invoked against skin infections, fever, gallstones, inflammatory diseases, kidney disease, nettle rash, poison, temptations, and witchcraft.

Declared Patron Saint of Europe by Pope Paul VI in 1964

Benedict was born in Nursia, about 100 miles northeast of Rome. From a comfortable childhood as a member of the nobility, Benedict pursued a holy life with far-reaching implications for the Church. At age twenty, Benedict left his studies in Rome to seek a life of virtue. After living in the Church of Saint Peter in Affile, he donned a monastic habit to live in a cave near Subiaco. As a hermit, he spent three years prayerfully rooting out his sin, especially the most common temptations: “the temptation of self-affirmation and the desire to put oneself at the center, the temptation of sensuality and, lastly, the temptation of anger and revenge” (Pope Benedict XVI, General Audience, April 9, 2008).

Over the next two decades, he served as abbot to a group of local monks and founded twelve small monasteries around Subiaco. Numerous miracles were said to take place through his intervention, and while his radical way of living attracted followers, it so angered others that they tried to kill him.

At age fifty, Benedict moved sixty miles southeast to the mountaintop of Monte Cassino. There, Benedict destroyed a temple built to the Roman god Apollo, building two chapels in its place, and then constructed a monastery. Rather than loosely associated hermits living independently, numerous monks could live in his large monastery. His “Rule of Saint Benedict” guided the monks at Monte Cassino and became the normative rule for Western monasticism for the next 1,500 years.

The “Rule” consists of seventy-three short chapters that lay out guidelines for stability, conversion of life, obedience, prayer, work, community life, hospitality, and humility. Most monks did not engage in extreme penances or other radical charisms. Instead, the Rule fosters a balanced community life in which each monk can discover a daily rhythm of prayer, work, and study conducive to a deeper and personal call to holiness.

While Benedict set up his community at Monte Cassino, he likely played a role as his twin sister, Scholastica, helped found a monastery for women, with his Rule guiding their daily life. The two remained close until her death when Benedict had a vision of Scholastica being taken to Heaven. He brought her body to Monte Cassino to be buried in his future grave that the two now share.

After less than ten years at Monte Cassino, Benedict died, but his influence on the Church and all of Europe had just begun. European monasteries, guided by his Rule, developed into centers for education, medicine, culture, and social development, later giving birth to universities. The monasteries preserved ancient texts, stabilized communities, influenced nobility, and drew many to Christ. Their flourishing liturgies made the monasteries the central teachers of prayer and worship. Many have referred to Saint Benedict as not only the “Father of Monasticism,” but also the father of modern Europe. Fittingly, Pope Paul VI declared Saint Benedict the Patron Saint of Europe in 1964.

Saint Benedict, you fled moral corruption to seek God’s will. Through your prayerful obedience to God, inestimable good fruit has been borne. Please pray that I will always seek God’s will, leaving behind the many temptations that I encounter, so that God can use me in ways known only to Him. Saint Benedict, pray for me. Jesus, I trust in You.

Source: www.mycatholic.life



Wills, Enduring Guardianship and Powers of Attorney

The Catholic community of Broken Bay is invited to a

Free Seminar and Morning Tea

Featuring an expert legal advisor. An opportunity for a complimentary WILL for attendees.*

Event Details

Tuesday 20 August 2024

10:30am to 12:30pm
The Epping Club
Grand Salon Room
45-47 Rawson Street
Epping NSW 2121

* Terms and conditions apply

For More Information

Contact:
events@bbcatholic.org.au or
02 8379 1600



Register Now

Hosted by:



CATHOLIC
DIOCESE OF
BROKEN BAY

Supported by:

Catholic
Cemeteries +
Crematoria



**CATHOLIC VOCATIONS
BROKEN BAY**

**Catholic Vocations Broken Bay
Young Adult Event**

Encounter

FRIDAY JULY 19, 6PM

Save the Date!

Special Guest Speaker
Fr. Paul Poovathingal OFM Cap

CATHOLIC
PARISH OF
LOWER NORTH SHORE

VENUE: ST THOMAS' CHURCH
182 HIGH ST, NORTH
WILLOUGHBY NSW 2068

P: 0418 522 449 | 02 8379 1626
E: vocations.ministry@bbcatholic.org.au

EVENTS @ BROKEN BAY
[HTTPS://HERO.PAGE/VOCATIONSMINISTRY/VOCATIONS-OFFICE-BROKEN-BAY](https://hero.page/vocationsministry/vocations-office-broken-bay)

Peter's Pence 2024

Peter's Pence is a collection taken up all over the world to support the works of mercy of the Holy See.

This includes the most disadvantaged and emergency situations, such as supporting victims of war and oppression and natural disasters.

Thank You.



SERRA CLUB BROKEN BAY

The Serra "31" Club is a vocations program where daily prayer, monthly Mass, Adoration, and the Rosary are offered for an increase in all Church vocations and for priests, deacons, sisters, brothers, and lay ministers already serving the Church.

You can sign up to pray daily for vocations or pray daily and nominate a day each month (e.g. 7th) where you will attend an extra Mass, Eucharistic Adoration, or pray the Rosary, especially for vocations. If your commitment cannot be fulfilled on the day nominated, you may instead simply move it to another day.

To join the program, follow the QR code below, and you will be directed to the Serra "31" Club membership form.



In this time of great need your support for vocations is greatly appreciated.

Parish Roster

PLEASE JOIN US FOR MORNING TEA
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

13/7/2024 to 14/7/2024
15TH SUNDAY IN ORDINARY TIME - YEAR B

	Saturday 7.00pm	Sunday 9.00am	NO 10.30AM MASS CANCELLED
Acolyte		Nigel M	ST BENEDICT
Reader1	Sr Carol T	Gabrielle W	FEAST DAY
Reader2	Natasha S	Matt W	ST BENEDICT
Prayers	Margaret B	Ann L	FEAST DAY
TV		Sebastian W	ST BENEDICT
Music		Karina S	FEAST DAY
Music		John T	ST BENEDICT
Music		Noelle T	FEAST DAY
Music			ST BENEDICT
Morning Tea		Teresa G	FEAST DAY
FLOWERS	Gabrielle W		

SUPPORT ST BENEDICT'S PARISH

ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at **Ray White** Dural, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.



Our Lady of Fatima FEAST DAY

St Benedict's Parish, 12:30pm Sunday 13 October 2024

Invitation to children to take part
in the Fatima Play, which will be part of the
Our Lady of Fatima Feast Day.

Please phone 0438 521 421 for further details.



Thank you to all our volunteers, we
really appreciate it!

If anyone would like to join our parish
roster please contact the parish
office.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312
Email: arcadia.parish@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: stbenedictsarcadia

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

For all parish Occupational Health & Safety
and Safeguarding Children matters Contact:
Lorraine Dailey on 0416 081 882.